

## Packing Checklist

This list is just a guideline but no matter what, pack light. You must bring only one carry-on bag and one personal item. You will have some access to washing machines or you can [wash things in the sink and hang them to dry in the room](#).

- Luggage: a duffle bag measuring 21.6 x 15.7 x 7.8 inches and weighing 17.5 lb with a light-weight daypack. Wheeled suitcases are fine but they take a beating on the cobblestone streets so you might end up carrying it anyway.
- 5 shirts: some long- and short-sleeve
- 1 sweater or lightweight fleece
- 2 pairs pants/ skirts
- 1 pair shorts
- 1 swimsuit
- 5 pairs underwear and socks
- 1 pajamas
- 1 pair of walking shoes (we will walk a lot)
- Slippers/flip flops for in the hotel
- 1 rainproof jacket with hood
- Money belt
- Money—your preferred mix of:
  - Credit card (call company to make sure it will work in Italy)
  - Dollars to be exchanged or Euros from the bank before you go or a CC that can be used at an ATM
- Passport and any supporting docs (needed only for things like: non-American citizens or people who can't go through airport scanners...)
- Essential electronics
- Appropriate chargers
- Electronic converter
- Empty water bottle
- Toiletries (soap, shampoo, toothbrush, toothpaste, floss, deodorant, sunscreen)
- Medicines (a designated chaperone can carry EpiPens etc. if need be)
- Glasses/contacts/sunglasses (with prescriptions)

\*\*\*\*\*note that **all fluids** must be in three-ounce or smaller containers and fit within a single quart-size baggie. For details, see [www.tsa.gov/traveler-information](http://www.tsa.gov/traveler-information) .

Below is a guideline on attire. We want to present ourselves as a great group: respectful, trustworthy, well-behaved. We actually get better treatment like this. The more proper and put-together we look, the less problems we have. Some problems caused by inappropriate attire are:

- Being refused entry by staff at sites
- Attracting unwanted attention by weirdos
- Being targeted by thieves

### HOODS, BEANIES, HATS

Hoods, Beanies and Hats are NOT to be worn while on campus.

**SKIRTS, DRESSES, and SHORTS**  
Skirts, dresses, and shorts must be mid-thigh or lower, including athletic shorts.

APPROPRIATE



INAPPROPRIATE



### SHIRTS AND TOPS

Strapless tops, backless tops, midriffs, and low-cut necklines are prohibited.

Strapless and sleeveless tops may be worn with a cardigan or sweater that fully covers all areas appropriately at all times.

Shoulder straps must have a minimum width of a dollar bill.

Clothing must NOT display alcohol, drug, or sexual references.

APPROPRIATE



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### PANTS, LEGGINGS, and EXPOSED UNDERGARMENTS

Jeans with holes, shreds, and rips at mid-thigh or lower will be permitted.

Shreds or rips above mid-thigh may NOT reveal skin.

Pants must stay up at all times. No low rise or saggy pants revealing undergarments.

Leggings and yoga pants are permitted if skin and undergarments are not revealing.

APPROPRIATE



INAPPROPRIATE

